



IMO/ABIA ANPA 2026 MEDICAL MISSIONS COMMITTEE REPORT

Executive Summary – Mission Impossible 2?

The April 2026 ANPA Medical Mission was successfully conducted across Imo and Abia States with the primary objective of delivering essential healthcare services to underserved rural communities and indigent populations while simultaneously strengthening local healthcare capacity through training, advocacy, and professional collaboration.

The mission represented one of the largest and most comprehensive ANPA outreach efforts to date. Over 300 volunteers initially expressed interest, and more than 120 multidisciplinary healthcare professionals ultimately participated, including physicians, surgeons, dentists, nurses, pharmacists, allied health professionals, public health specialists, and local healthcare workers. Over the course of seven days, the team delivered preventive, medical, surgical, and educational services across two states, with Imo State serving as the primary mission location (with over 100 volunteers) and Abia State (with about 20 volunteers) functioning as a secondary outreach site.

For the first time in ANPA mission history, simultaneous outreach was successfully implemented across all three senatorial zones in the primary mission state of Imo through strategic collaborations with Imo State University Teaching Hospital (Orlu Zone), Mbano Joint Hospital (Okigwe Zone), and Regions Hospital (Owerri Zone). This decentralized operational model significantly expanded the mission's reach and impact.

A total of 4,566 patients received medical care during the mission, while 670 individuals benefited from training and capacity-building initiatives.



Clinical services included primary care, pediatrics, dentistry, pharmacy, radiology, ophthalmology, gynecology, mental health, plastic surgery, and general surgery. Numerous life-changing surgical procedures were performed, including thyroidectomies, hernia repairs, hysterectomies, myomectomies, ophthalmologic surgeries, and breast procedures.

The mission also emphasized preventive healthcare and health education. Mental health screenings identified a significant burden of depression among screened individuals, reinforcing the importance of integrating behavioral health into community outreach programs. Radiology services facilitated early breast cancer detection through mammography and ultrasound screening initiatives.

Capacity-building remained a cornerstone of the mission. Workshops and skills-transfer programs in Basic Life Support, Stop the Bleed, Essential Newborn Care, Sickle Cell Disease, and other public health initiatives enhanced local healthcare preparedness and sustainability.

Despite the mission's tremendous success, the outreach was marked by tragedy with the unexpected passing of our colleague & volunteer gynecologist Dr. Uzoma Nwaubani during the Abia mission activities. Her dedication, compassion, and commitment to service profoundly impacted both patients and colleagues. Her loss prompted organizational reflection and review regarding risk assessment and volunteer safety during future missions.

The 2026 ANPA Medical Mission demonstrated the power of collaborative humanitarian healthcare delivery through strong partnerships with federal and state governments, professional associations, nonprofit organizations, and private sector supporters. The mission successfully expanded access to quality healthcare, strengthened healthcare capacity, and reinforced ANPA's ongoing commitment to improving health outcomes in underserved Nigerian communities.

IMO/ABIA ANPA 2026 MEDICAL MISSIONS COMMITTEE REPORT – Mission Impossible 2?

Overview



The April 2026 annual medical mission was organized to provide essential healthcare services to rural communities and indigent populations in both Imo and Abia States. The mission also incorporated ANPA’s annual week of advocacy, capacity building, and skills training through various workshops and seminars.

Following the completion of the Lagos missions, a call for volunteers was distributed across ANPA platforms. Over 300 individuals responded, representing one of the largest volunteer responses in recent mission history and reflecting sustained enthusiasm from previous successful missions. Building upon lessons learned from prior missions, particularly the successful implementation of volunteer donations to support logistics, a similar funding initiative was introduced in 2026. Volunteers contributed a minimum of \$300 for physicians and \$150 for non-physicians. This initiative was approved by

the ANPA Executive Committee, and over 120 volunteers completed registration and payment.

The multidisciplinary volunteer team consisted of physicians, surgeons, dentists, nurses, pharmacists, allied healthcare professionals, public health specialists, and local healthcare workers. Over the course of seven days, the team delivered preventive, medical, surgical, and educational services across two states, with Imo State serving as the primary mission location and Abia State functioning as a secondary outreach site.

For the first time in ANPA mission history, simultaneous outreach activities were successfully implemented across all three senatorial zones of Imo State through collaborations with:

- Imo State University Teaching Hospital (Orlu Zone)
- Mbanjo Joint Hospital (Okigwe Zone)
- Regions Hospital (Owerri Zone)

The committee expresses profound appreciation to Dr. Julius Kpaduwa and Dr. Ben Anyanwu for their leadership and support at Mbanjo and Regions Hospitals respectively. Additionally, we are profoundly grateful to Nigeria Women Association of Georgia (NWAG) and Georgia Plastic Foundation for Feed the Hungry and logistics support during the mission.



Activities and Outcomes

Total Mission Impact

- Total Patients Treated: 4,566
 - Total Trainees: 670
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Clinical Services

Dentistry Services

A total of 86 dental patients received services during the mission.

Services included:

- 50 participants attended dental health education sessions
- 24 surgical extractions performed
- 12 scaling and polishing procedures completed



Pharmacy Services

The pharmacy team filled a total of 1,325 prescriptions during the mission. Pharmacists ensured medication availability, counseling, and coordination of pharmaceutical support across all mission sites.

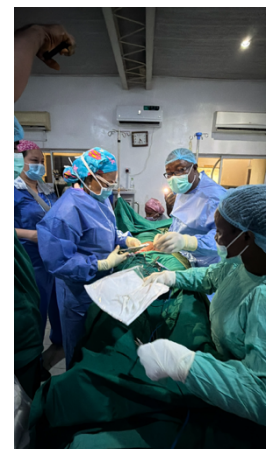
General Surgery

A total of 247 general surgical procedures were performed across participating facilities.

Imo State University Teaching Hospital

Procedures included:

- Umbilical hernia repairs – 2
- Inguinal hernia repairs – 10



- Perianal fistulotomy with incision and drainage – 1
- Abdominal incisional hernia repair – 1
- Thyroidectomies – 9
- Hydrocoele drainage – 1
- Breast lumpectomy – 1
- Facial lesion excision – 1
- Pediatric hernia repairs – 4



Michael Uzodinma Memorial Hospital

Procedures included:

- Umbilical hernia repair – 1
- Inguinal hernia repair – 1



Mbano Joint Hospital

A total of 437 procedures and services were completed through collaborative activities:

- Eye surgeries – 227
- General surgery and gynecology – 210

Regions Hospital

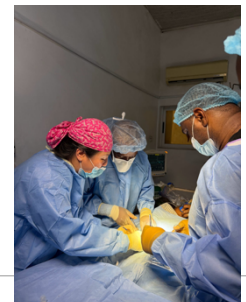
Procedures included:

- Excisional breast biopsies – 2
- Fibroadenoma resection – 1
- Inguinal hernia repair – 1
- Cervical inclusion cyst resection – 1



Plastic Surgery

Plastic surgeons performed and assisted in General surgeries, Pediatric surgeries, & Gynecological surgeries.



Orthopedic Services

One (1) total knee joint replacement surgery was performed at Regions Healthcare



Primary Care Services

Primary care represented the largest area of patient engagement during the mission, with a total of 2,231 patients evaluated and treated.

Breakdown by location:

- Michael Uzodinma Memorial Hospital – 295 patients
- Imo Foundation Health Center – 1,199 patients
- Amafor Primary Health Center – 350 patients
- Georgia Plastic Foundation, Umunam Atta – 387 patients



Gastroenterology Services

A total of 21 cases were performed

Breakdown by:

- EGD - 9
 - Colonoscopy - 7
 - Hemorrhoid ligation - 5
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Pediatric Services

A total of 191 pediatric patients received care.

Breakdown by location:

- Imo Foundation Health Center – 60
- Michael Uzodinma Memorial Hospital – 50
- Amafor PHC – 54
- Pediatric surgery evaluations – 27



Radiology Services

The radiology team completed a total of 396 diagnostic imaging procedures.

Services included:

- Mammograms – 157
 - 4 positive findings identified
- Breast ultrasounds – 110
- Ultrasound-guided breast biopsy – 1
- General ultrasounds – 126
- Ultrasound-guided line placements – 2



Ophthalmology Services

A total of 425 ophthalmologic interventions were completed, including surgeries.

A particularly notable case involved an enucleation procedure performed for retinoblastoma, highlighting the complexity and impact of ophthalmologic services provided during the mission.



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for

Gynecology Services

A total of 20 gynecologic surgical cases were managed.



Mental Health Services

Mental health services were integrated into the outreach through screening and counseling activities.

A total of 145 PHQ-9 depression screenings were completed across Imo Foundation, Omuma, and Amafor communities.

Results:

- Positive depression screenings – 52 (36%)
- Negative depression screenings – 93 (64%)



Nigerian Women Association of Georgia (NWAG)

Provided over 2000 food bags across 4 locations in Imo State



Capacity Building, Training, and Skills Transfer Programs

A major component of the mission focused on healthcare workforce development and community education.

Training programs conducted included:

- Happiness Workshop – 95 participants
- Stop the Bleed – 156 participants
- Basic Life Support – 152 participants
- Essential Newborn Care – 135 participants
- African Menstruation Initiative – 36 participants
- Sickle Cell Disease Workshop – 96 participants



Secondary site Contributions

Abia State – Aba General Hospital

A total of 128 patients received care:

- Primary care – 114
- Pediatrics – 8
- General surgery and gynecology – 6



Critical Incident



It is with profound sorrow that the committee reports the unexpected passing of one of our colleague and volunteer gynecologists, Dr. Uzoma Nwaubani, during mission activities in Abia State.

Dr. Nwaubani became ill during the first week of the mission. Despite immediate treatment efforts and arrangements for evacuation, her condition deteriorated, and she subsequently passed away at a higher-level regional hospital.

Dr. Nwaubani was an exceptionally dedicated and compassionate physician who consistently demonstrated unwavering commitment to serving vulnerable populations. She had participated in several humanitarian missions, including outreach efforts within her home state. Her professionalism, generosity, and compassion left an enduring impact on patients, colleagues, and communities.

In an extraordinary display of courage and selflessness, Dr. Nwaubani's family encouraged the continuation and completion of the medical mission while mourning her passing.

Her loss was deeply felt across the mission team and broader ANPA community.

Collaborators and Partners

ANPA expresses profound gratitude to all partners and collaborators whose support contributed to the success of the 2026 Medical Mission.

Special appreciation is extended to:

- His Excellency, Governor Hope Uzodinma, Executive Governor of Imo State
- His Excellency, Governor Alex Otti, Executive Governor of Abia State

We are also deeply grateful to:

- Federal Ministry of Health
- Nigerians in Diaspora Commission (NiDCOM)
- Imo State Ministry of Health
- Abia State Ministry of Health
- Georgia Plastic Foundation
- ANPA Foundation
- Nigerian Women Association of Georgia
- Chima Medical Missions International
- Nigerian Medical Association
- Americares
- Gilead Pharmaceuticals
- NAFDAC

Their partnership, collaboration, and generous support were instrumental in the successful execution and impact of the 2026 ANPA Medical Mission.

Signed

ANPA Medical Mission Co-Chairs

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